

Creston College 2023 Easter Conference

UNIV 2023 The Happiness Paradox

Holy Thursday April 06 2023

6:30pm Rosary
7:30 Choir Practice

Confessions available at 7:15 pm and throughout Mass as needed.

8:00 **Holy Thursday Mass**
9:00 Get-together

Holy Thursday all night vigil

Good Friday April 07 2023

8:00 Breakfast

(priest available before & after meditation)
9:00 **Meditation**

9:45 **EASTER CONFERENCE INTRODUCTION**

10:00 **Keynote Lecture: Ms Caitlin West**

11:30 **Workshop 1**

1:00 Lunch
2:00 Choir Practice

Confessions will be from 2:15 pm onwards.

3:00 **Good Friday Service**
5:30 Stations of the Cross
6:00 Dinner
6:30 Rosary
7:30 Get-together

Holy Saturday April 08 2023

8:00 Breakfast

9:00 (priest available before & after meditation)
Meditation

10:00 **Workshop 2**

12:00 **Sharing Workshop & Concluding Remarks**

12:40 Rosary

1:00 Lunch
Get-together

Preparation for Easter Vigil / Visit to the nursing home

4:30pm Afternoon tea

6:00 Dinner

7:30 Choir Practice
Priest available for confession/chat

8:30 **Easter Vigil Mass**